

***You have been identified as having a fever of 100.4 or higher.***

As such, you may not work on this jobsite until you have been cleared for work by your personal physician. Please notify your immediate supervisor/foreman by phone that you cannot work on this jobsite until further notice.

According to CDC guidelines, while fever is the most common symptom of the Coronavirus, it is just one potential symptom and does not mean that you have the virus. You could have another cold virus or the flu. However, any germs on the jobsite is not good for the overall health of the community during the Coronavirus pandemic and, therefore, it is recommended that you self-isolate until your doctor advises differently.

**Self-Care Instructions:**

- **Call your doctor:** Before going to the doctor's office or emergency room, call ahead and tell them your symptoms. They will tell you what to do.
- **Stay away from others:** As much as possible, you should stay in a specific "sick room" and away from other people in your home. Use a separate bathroom, if available. This includes pets.
- **Wash your hands often** with soap and water for at least 20 seconds. This is especially important after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.
- **Avoid** touching your eyes, nose, and mouth with unwashed hands.
- **Avoid** sharing personal household items: Do not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people in your home.
- **Clean and disinfect:** Routinely clean high-touch surfaces in your "sick room" and bathroom. Let someone else clean and disinfect surfaces in common areas, but not your bedroom and bathroom. High-touch surfaces include phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets, and bedside tables.

If you have a fever, you can return to work only after you have been fever-free without the use of fever reducing medication for at least 72 hours, AND your doctor has given you a written clearance.

***For more information:***

Go to <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/stepswhen-sick.html>